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UNITY CHRIST CENTER  
in eau claire

# Voices in Unity

## March/April 2011

*“Springtime is the land awakening. The March winds are the morning yawn. No matter how long the winter, spring is sure to follow.”*



March this year brings the beginning of Lent with Ash Wednesday on 3/9. Our daylight hours move to the end of our day as we “spring forward” for a very early beginning of Daylight Savings Time on 3/13/11. Often we’ve had very surprised faces as those arriving for the opening hymn walked into the Peace Song on this DST date. All of us with Irish

heritage are joined by those from many ethnic backgrounds celebrating on 3/17 the ‘wearing of the green’. And, it is always our hope to welcome spring on 3/20 without any snow on the ground; rare in Wisconsin.

April brings Passover for those of the Jewish tradition and Christianity’s Palm Sunday takes us through Good Friday into Easter’s resurrection on April 24.

Just as all the elements of nature’s awakening that comes with spring, so there is also an unfolding and new beginnings going on within each one of us in our spiritual evolution. Our soul longs for growth and enlightenment. We learn in Unity many ways to inspire and perpetuate that kind of growth. Meditation, prayer, journaling, our time spent in God’s sanctuary communing with nature, sharing ideas, thoughts and feelings in small study groups, exercising body, mind and spirit—all these activities open us to the presence of Spirit.

On Friday, March 11th “Front Porch Friends” will entertain us as we partake in a chili feed to benefit The Community Table. If you know the Nightcrawlers, then you know the friends, five from that group who love to play and sing together; Harry, Janice, Troy, Ben and Joe. Dinner \$6/Concert \$7; both just \$12. Meatless variety also available.

At our Spring Equinox Ceremony on Sunday, March 20th at 6:00pm, our own Sharon Falter will guide us through recognizing and honoring equal hours of daylight and darkness and the roots that will soon spring-forth bringing new birth. Sharon is welcoming volunteers to help her create this ceremony. Do let her know you’d like to help. We hold intention for a bonfire as powerful as the one we had at Winter Solstice.

Sandi Anderson guides us in a 5-part series that begins on March 5th she’s calling “Intuition from the Bottom Up”. Attend one or all five; 3 Saturday’s in March and 2 in April (see ad inside). With the beginning of Lent comes a perfect workshop opportunity on Sunday, March 6th brought to us by Rev Sher McNeal. An associate minister at Unity Christ Church, Golden Valley, MN, Rev Sher will guide us through “Radical Forgiveness”; opportunity to release and ‘give-up’ any blocks to our knowing our whole and perfect self. Rev Sher led this workshop for us in 2006 and those attending still speak of the power it brought to them.

Awakening creativity and imagination are part of the palette as Mari Jackson again offers watercolor classes at Unity on 3/20 and 4/10 12-3:30pm. Watch for sign up sheet.

Credit classes held at Unity this winter; Unity Basics, 4T, and Heart-Centered Metaphysics were well attended with 10 different folks gathering SEE credits. I have been inspired and in awe of the depth of understanding that expresses through each one of you in class.

We ARE an accepting spiritual community, teaching universal truths and recognizing the Christ within each individual.

Happy Spring,  
*Rev Sandy*

# unity classes, small groups & events

All Events take a love offering unless otherwise noted.  
Group/class rooms can change— watch for notices.

## MONDAY

9:30-10:45am Yoga \$5

6-7:30pm A Course in Miracles (1st & 3rd)

## TUESDAY

9:30-10:45am Yoga \$5

## WEDNESDAY

9:30-10:45am Yoga \$5

6-7:30pm Book Group “Mindfulness” w/the Dalai Lama

7:30-8:30pm Intuitive Drumming (1st & 3rd Wed)

## THURSDAY

10:30-11:45am Yoga \$5

12n MasterMind

12:15-12:45pm Meditation

1:00pm Book Group (every other week – began 2/10)

5:30pm CoDA (Open)

7pm A.A. (Closed) Big Book

## FRIDAY

6:30-8:30pm Book Group

## SUNDAY

10am Sunday Service/Sunday School

4:00-5:45pm 4T w/Rev Sandy

6-7pm Sunday Evening Worship



## COMMUNITY NEWS

### IMPROVISATIONAL DANCE

w/Jean Kowalski

3/11 & 4/11 at Christ Church Cathedral

Farwell & Lake Street 7-9:00pm

Held the 11th of every month; watch for future locations.

### CHIPPEWA VALLEY CHOIR

The CVA Singers will present

Requiem by John Rutter,  
Sunday, March 6, • 2:00pm & 7:00pm at

First Lutheran Church, 100 5 Oxford Ave. Eau Claire.

### BENEFITS FEED MY PEOPLE

## March Features

- 3/5 Saturday series beings “Intuition from the Bottom Up” (see ad)
- 3/6 12n POTLUCK/Radical Forgiveness Workshop w/Rev Sher McNeal (see ad)
- 3/11 6:30pm Chili Feed \$6 /Concert w/”Front Porch Friends” \$7 – Both \$12 (see ad) Benefits Community Table
- 3/20-26 Rev McKinney at Unity Village for Field License Program mentoring role.
- 3/20 12n-3:30pm Watercolor Class w/Mari Jackson (see ad)
- 3/27 12:30-3:45pm JONAH training at Unity. “Turnout” w John Stedman. All welcome

## April Features

- 4/10 12n-3:30pm Watercolor Class w/Mari Jackson (see ad)
- 4/16 8:30-6:30pm SoulScapes Workshop w/Barbara Joye & Poppy Moelter
- 4/16 Unity serves at Community Table
- 4/22 1-3:00pm Good Friday Silent Meditation at Unity
- 4/24 7:15am Easter Sunrise Service in the Unity Peace Garden  
8:15am Board cooks breakfast!  
9am Choir Practice  
10am Easter Service/Sunday School

## Comming

- 5/6 7pm “Patchouli” Concert
- 5/22 10am Joint Choirs: Forever Young & Unity
- 5/29 Workshop w/John Beerman
- 6/5 Workshop w/Dawn Morningstar “The Inspired I”
- 7/10 Dr Thomas Roberts returns Potluck/Workshop “Mindfulness” May 6 – 7pm “Patchouli” Concert

# Community Events/Ads

Regarding building rentals listed on the Community Page, we encourage you to call the number in the listing for further information and/or to register for these events. Events below are taking place at Unity Christ Center unless otherwise noted. You may also look for additional information and sign-up sheets on the back table of the sanctuary at church.

## Information:

### Ordained Unity Minister

Rev. Sandra McKinney  
715-836-0010  
Sunday Service: 10am  
Sunday Evening Service: 6pm

Website: [www.unityeauclaire.org](http://www.unityeauclaire.org)  
Email: [unityec@sbcglobal.net](mailto:unityec@sbcglobal.net)

Office Hours: 9-4pm Mon-Fri  
Office phone: 715-836-0010  
Dial A Prayer: 1-800-NOW-PRAY  
1-800-669-7729

## Board of Trustees

Matt Anderson, President, 2011 • Membership)  
715-210-5145  
[andersonmat@charter.net](mailto:andersonmat@charter.net)

Marion Standard, 2012 • Membership  
715-828-2498  
[momstandard@gmail.com](mailto:momstandard@gmail.com)

Jan Swanson, Secretary, 2013  
715-852-0290  
[jswanson2336@charter.net](mailto:jswanson2336@charter.net)

Marv Pueschner, Treasurer, 2011 • Finance  
715-832-1404  
[pushner@yahoo.com](mailto:pushner@yahoo.com)

Mary Jackelen, 2013 • Facilities  
715- 308-2424  
[marypeace21c@gmail.com](mailto:marypeace21c@gmail.com)

Sandi Anderson. 2011 • Education  
715-456-1391 or 715-726-2392  
[dasandrson@gmail.com](mailto:dasandrson@gmail.com)

Rev. Sandra McKinney • Worship  
715-858-3341/836-0010  
[sjmckinney9@sbcglobal.net](mailto:sjmckinney9@sbcglobal.net)

At the Annual Meeting January 9th 2011 voted to the Board of Trustees was; Mary Jackelen and Jan Swanson (2nd term).



All Board positions are for 3 years unless by appointment. Sandi Anderson was appointed in December 2010 to fill Loren Giffords seat who needed to resigned due to personal time issues as he is going to school full-time and works a full-time job. An appointment lasts for one year and can be renewed by a ballot vote at the Annual meeting. We bless and appreciate all members who have made a commitment to serve in Board capacity.

Kudos to outgoing President Kathy Boone who served the Board in appointed and elected roles for six years. She will remain as President Emeritus to the Board to fully utilize her history and experience.

Procedure to bring items to the Board: Connect with the Liaison Items need to be brought to the Board one week prior to the Board meeting (2nd Monday 5:30pm) to be included on the agenda. All Board meetings are open.

### CHILI FEED/"FRONT PORCH



### FRIENDS" CONCERT

Friday, March 11th

6:30-9:00

6:30pm Chili Dinner including a meatless variety • \$6.00

7:15pm "Front Porch Friends" Concert • \$7.00  
Dinner/Concert • \$12.00

Harry, Janice, Troy, Ben & Joe Entertain us.

**BENEFITS COMMUNITY TABLE**

**FINANCIALS:**

	2010	2009	2011 Budget
<b>INCOME</b>	\$ 92,675.06	\$91,519.31	\$98,565.00 (6% increase)
<b>EXPENSE</b>	\$ 90,592.40	\$96,396.32	\$98,427.00

As announced at the Annual Meeting on January 9th, the Board of Trustees voted in December following 3 months of deliberations to again implement the role of Administrative Assistant at Unity Christ Center. The budget above reflects that salary. Twice in our history someone has filled that role and the Board is pleased to announce that Patti Knez has been hired on a part-time basis to the position. This position being filled insures regular office hours and Bookstore management.

Please connect with Patti for scheduling, Bookstore, newsletter, website, data entry and questions related to building use. Patti begins 3/7/11. Welcome!



**YOUTH OF UNITY (Y.O.U.)**

Available to Youth  
13 1/2 to 18

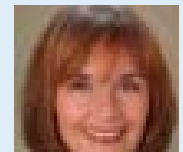
We have a leader;  
we need you!

Contact person: Mari-  
on Standard  
715-828-2498

**"BEING THE MINDFUL INTUITIVE"**  
Presenter Sandi Anderson

Are you ready to expand your minds sight? This five part series integrates your new mindfulness and how to do it. This is Intuition from the bottom up designed to expand and empower Real everyday people, Teachers, Care Givers, Counselors, Health and Business professionals, Parents; from the young and to the wise.

**MARCH 5, 12, 26**  
**APRIL 2 & 9, 2011**  
**SATURDAY 9:30AM - 3:30 PM**  
**SUGGESTED OFFERING \$15.00**  
**LUNCH \$5.00 • PRE- REGISTER**  
**715-726-2392 OR 715-836-0010**



**ATTEND ONE OR ALL**



**WATERCOLOR PAINTING CLASSES WITH MARI JACKSON**  
**SUNDAYS MARCH 20TH AND APRIL 10TH NOON-3:30**

This is a class for beginners and those who would like to learn some new techniques and play with their paints.

We will feel how painting can be a Spiritual experience, a way to center, be in the now and let go, and play!

\$10. for materials -or you can bring your own.

Love offering will be accepted for the class and the use of the space.

Please sign up at Unity or call Mari at 875-4859

**No experience necessary!**

**SPRING EQUINOX CEREMONY**  
**Sunday, March 20th 6:00pm**  
**w/ Sharon Falter**



**WELCOME TO NEW MEMBERS!**

On Sunday 2/13 we welcomed into membership at Unity Christ Center



Andrea Gustafson, Jean Husby,  
Ruth Lovejoy, Sherri Olson, Mark  
Ruddy, Jennifer Sperry and Dale &  
Jacquie Staebell.

**WE LOVE YOU, WE APPRECIATE YOU AND WE  
BEHOLD THE CHRIST AS YOU!**



## "JONAH News!"

Unity Core Team meeting 2nd Tuesday's 4pm.  
Check out "JONAH's IN" station following Sunday morning services; every Sunday at Unity. Learn what JONAH is doing in our community and why you want to get involved.

Unity's Core Team includes:

Team Leader: Mark Ruddy; Members: Bonnie Golden, Mari Jackson, Sandi Anderson, Rev Sandy. Mark & Sandi will attend GAMALIEL'S week-long training in March.

A strong Core Team also means a strong faith community joining together to advance Hope for all.

Environmental Task Force: Meets fourth Monday 6:30pm at Unity  
Also you may want to check out Treatment Instead of Prison Task Force  
Economic Justice Task Force.

All welcome at all Task Force meetings.

JONAH provides great leadership training opportunities and provides skills to implement social justice for all.

**OPPORTUNITY:** People of Faith United for Justice  
JONAH chartered bus trip to Madison, WI - March 15th  
\$25 covers bus & lunch.

A day-long gathering to learn, discuss, pray and advocate together for social justice issues of importance to all people of WI.

Talk in person to your legislator and government representatives to share your values and what is important to you & your community.



**SOULSCAPES REVEALED**  
**MUSIC JOURNEYS FOR SELF DISCOVERY AND SPIRITUAL HEALING**  
**WITH BARBARA JOYE AND POPPY MOELTER**

Within a safe and sacred container, Soulscapes incorporates the Eupsychia Process and methods of Integrative Breathwork.

Benefits those seeking: self-knowledge, self-empowerment, stress reduction, spiritual community, overcoming depression, burnout, anxiety; processing grief, opening to vital energies, imagination and creativity; a deeper understanding of the unconscious mind; spiritual integration of everyday life and connection/deepening into Calling and Leadership as Service. Registration forms available at Unity or phone Poppy Moelter 715-834-8867 \$125 if paid by April 1st. "There can be no outer experts on a path of self-knowledge; the learning comes from within." Jacquelyn Small

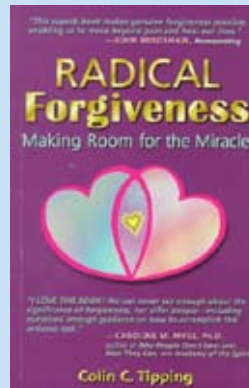
*For self Discovery and Well Being*  
**Soulscapes Revealed**

**UNITY CHRIST CENTER**  
**Saturday, April 16, 2011**  
**8:30am-6:30pm**

**BOOK GROUPS AT UNITY – ALL WELCOME!**

**MONDAY 6:00-7:30PM – A COURSE IN MIRACLES**  
**WEDNESDAY 6:00-7:30PM – "MINDFULNESS" W/THE DALAI LAMA**  
**Thursday 1pm - "Seth"**  
**FRIDAY 6:30-8:30PM – POWER OF NOW.**

**Radical Forgiveness Workshop/Ceremony led**  
**by Rev Sher McNeal**  
**Sunday, March 6, 12n (following Potluck)**



The Radical Forgiveness Ceremony is a powerful process to release many of the feelings of unforgiveness - sadness, anger, guilt - that we hold on to, sometimes without a conscious realization that we are doing so. It is a very safe process that allows us to gently bring forth what needs forgiveness in our lives - and to let it go. Rev McNeal trained with Colin Tipping author/creator of "Radical Forgiveness" Love offering.

**EASTER SUNRISE SERVICE**

**April 24 –7:15am**

**Unity Peace Garden**  
 (weather permitting)

**BOARD COOKS!**  
**8:00am**

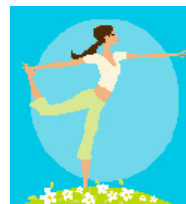
The Board of Trustees cooks and serves Easter morning breakfast! Love offering

**CHOIR PRACTICE**  
**9:00AM**

**EASTER SUNDAY SERVICE/SUNDAY SCHOOL**  
**10:00am**

**YOGA at UNITY in 2011**

Our own Kathy Boone is offering the following classes; includes guided meditation.



- » Monday 9:30-10:45am
- » Tuesday 9:30-10:45am
- » Wednesday 9:30-10:45am
- » Thursday 10:30-11:45am

**All classes \$5 with 30% returned to Unity**

Date/Speaker	Talk Title	Music
3/6 Rev Sher McNeal	“War & Peace Within”	Unity Choir
3/13 Rev McKinney	“Our True Spiritual Power”	Unity Choir
3/20 Jean Kowalski	“Finding Divine Balance”	Unity Choir
3/27 Rev McKinney	“Answering the Call”	Unity Choir
4/3 Rev McKinney	“Perfecting My Perception of Presence”	Unity Choir
4/10 Rev McKinney	“The Double Thread”	Unity Choir
4/17 Barbara Joye	“Honoring I AM as One and All”	Poppy Moelter
4/24 Rev McKinney 7:15am Sunrise Service 8:00am Board Cooks 9:00am Choir practice 10:00am Easter Sunday	“The Darkness, The Dawn, The Day” Breakfast served! “Living from a Resurrected Consciousness”	Unity Choir

**BIRTHDAYS** 

**MARCH**

- 4 Mary Jo McCabe
- 8 Debbie Fischer
- 9 Anna Martinson
- 13 Therese Schutte
- 14 Kim Walker
- 17 Sherri Olson
- 25 Joanne Miner
- 31 John Thomas

**APRIL**

- 10 R.J. Rogers
- 11 Deborah Lilly
- 12 Matthew Clark Anderson
- 13 Florence Garrison
- 13 Dick Knez
- 15 Michele Raleigh
- 16 Darcy Parr
- 16 Laurel Hanson-Smola
- 18 Sue Gabrielson
- 18 Marion Standard
- 19 Lynette Brouwer



**UNITY SERVES**  
 Left to right: Jean, Rev Sandy,  
 Michele, Wendy, Kim, Mark,  
 Marnie, Jenny, Howie,  
 Kelsey, Alisha  
 4/16, 6/12, 8/27, 11/12





**EASTER SUNRISE SERVICE**

**April 24 –7:15am**

Unity Peace Garden  
(weather permitting)

**BOARD COOKS!**

**8:00am**

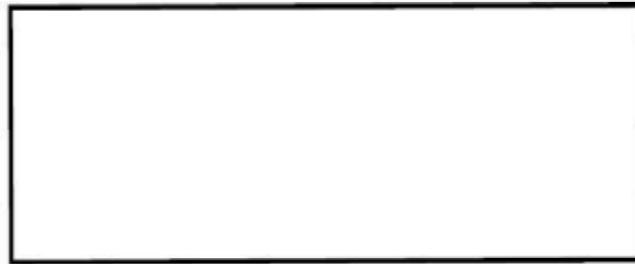
The Board of Trustees cooks and serves  
Easter morning breakfast! Love offering

**CHOIR PRACTICE**

**9:00AM**

**EASTER SUNDAY SERVICE/SUNDAY SCHOOL**

**10:00am**



to someone special...



**RETURN SERVICE REQUESTED**

NON-PROFIT ORGANIZATION  
U.S. POSTAGE PAID  
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Unity Christ Center  
1808 Folsom  
Eau Claire WI 54703  
715-836-0010

